



## JUVENILE DIABETES RESEARCH FOUNDATION

### CAPITOL CHAPTER

### 2005 WALK TO CURE DIABETES

## *Virtual Walk Teams*

- **WHAT:** A "virtual walk team" is comprised of a person or family whose sole purpose is to raise money for the 2005 JDRF Walk to Cure Diabetes. *Virtual Walk team participants do not need to attend the event on May 7, 2005.*
- **WHY:** Because we **NEED** your help to raise \$1.2 million for the 2005 Walk to Cure Diabetes.
- **WHO:** Any person or family who wishes to participate in the 2005 Walk to Cure Diabetes, but is unable to assemble an actual team of walkers. Ask people to become a member of your team by making a contribution.
- **HOW:** By doing a letter writing campaign. Reach out to friends and family, near and far, by e-mail or letters. Contributions can be made directly online or mailed directly to the JDRF office, where all contributions will be applied to your "virtual team." Visit the official JDRF Walk website at: <http://walk.jdrf.org> where you can register your virtual team (as a Family Team), create your team website, access easy instructions, sample letters and other help in doing your letter campaign. Every person you send a letter to is considered a member of your team.
- **WHEN:** Starting today. Contributions may be made until June 16, 2005.
- **SUPPORT:** For help and guidance, please feel free to call the Virtual WALK Team chairmen:

Barbara Rapaport 301-983-1724 [brapaport@jdrf.org](mailto:brapaport@jdrf.org)

Randi Meyrowitz 301-299-2923 [rkm857@yahoo.com](mailto:rkm857@yahoo.com)

*THERE IS A CURE, AND TOGETHER WE WILL FIND IT.*

Capitol Chapter 1400 K Street, NW Suite 1212 Washington, DC 20005 T: 202-371-0044 F: 202-371-0046  
[www.jdrfcapitol.org](http://www.jdrfcapitol.org)